



## Tours - Option Five

Hike the Shouf to South Trail (Niha – Bkassine) – Lunch – B. Baladi Coop





# PROGRAM

09.00 – 14.00:



## **HIKE THE SHOUF TO SOUTH TRAIL (NIHA – BKASSINE)**

This trail will take you through stunning natural resources and breathtaking views to hidden historical sites. You will begin your journey at the Al Shouf Cedar Reserve, after a visit to the Niha Fortress; you will travel down south on a rocky hill that marks the border between the Shouf and the Jezzine region. On your way, you will pass by Deir el Moukhalles in Bhannine, the Mar Elias chapel, the Bhannine valley, ancient watermills and roman bridges, ancient stone dwellings of the village of Kfartaala and the Abi Amine cave to finally reach La Maison de la Forêt in Bkassine.

14.30 – 16.30:



## **LUNCH AT THE RESTAURANT OF YOUR CHOICE**

Kindly check our list of restaurants

17.00 – 17.45:



## **VISIT THE B. BALADI COOP**

Stop by the Azour B. Baladi COOP for a taste of locally grown honey and fresh eggs. Designed to support the inhabitants of surrounding villages, the COOP provides a wide array of assortments of winter provisions, prepared and brought in by local farmers.

18.45:



## **DEPARTURE**